**Activities & Experiences Workbook for UC Merced**

Are you considering going to graduate school to earn a master’s degree or doctorate?

Do you plan to apply to a professional program such as law or medicine?

Thinking about going directly into your career field once you receive your bachelor's degree?

No matter the path that you decide to pursue upon graduating, activities and experiences such as research, community service, leadership, and employment may help develop or strengthen skills that you can apply to your future.

It is never too early to start keeping a record of these activities and experiences, the Bobcat Advising Center (BAC) created this for our first years to help you start recording your experiences and activities while at UC Merced. Download a copy of this workbook to begin recording a history of your personal accomplishments over the next couple of years. This could be the first step in building a resume.

For additional resume and graduate school application help, see our [Student Career Center (SCC).](https://hire.ucmerced.edu/)

**Research Experiences**

*For examples to get started:* [***Undergraduate Research Opportunities Center***](https://uroc.ucmerced.edu/about-us)

To add additional tables, highlight the table, right click, select “Copy,” then press enter twice at the end of the table and then press “CTRL+V” or “COMMAND+V.” Format appropriately.

|  |  |
| --- | --- |
| **Name of organization:** |  |
| **Supervisor:**(Name, Title, Email Address/Phone Number) |  |
| **Dates:** |  |
| **Hours/Week:** |  |
| **Experience Description:**(one paragraph describing what you gained from this experience) |  |

|  |  |
| --- | --- |
| **Name of organization:** |  |
| **Supervisor:**(Name, Title, Email Address/Phone Number) |  |
| **Dates:** |  |
| **Hours/Week:** |  |
| **Experience Description:**(one paragraph describing what you gained from this experience) |  |

**Community Service Experiences**

*For examples to get started:* [***Community Engagement Center***](https://cec.ucmerced.edu/students)

To add additional tables, highlight the table, right click, select “Copy,” then press enter twice at the end of the table and then press “CTRL+V” or “COMMAND+V.” Format appropriately.

|  |  |
| --- | --- |
| **Name of organization:** |  |
| **Supervisor:**(Name, Title, Email Address/Phone Number) |  |
| **Dates:** |  |
| **Hours/Week:** |  |
| **Experience Description:**(one paragraph describing what you gained from this experience) |  |

|  |  |
| --- | --- |
| **Name of organization:** |  |
| **Supervisor:**(Name, Title, Email Address/Phone Number) |  |
| **Dates:** |  |
| **Hours/Week:** |  |
| **Experience Description:**(one paragraph describing what you gained from this experience) |  |

**Group and Leadership Experiences**

*For examples to get started:* [***The Margo F. Souza Student Leadership Center***](https://studentleadership.ucmerced.edu/about-us)

To add additional tables, highlight the table, right click, select “Copy,” then press enter twice at the end of the table and then press “CTRL+V” or “COMMAND+V.” Format appropriately.

|  |  |
| --- | --- |
| **Name of organization:** |  |
| **Supervisor:**(Name, Title, Email Address/Phone Number) |  |
| **Dates:** |  |
| **Hours/Week:** |  |
| **Experience Description:**(one paragraph describing what you gained from this experience) |  |

|  |  |
| --- | --- |
| **Name of organization:** |  |
| **Supervisor:**(Name, Title, Email Address/Phone Number) |  |
| **Dates:** |  |
| **Hours/Week:** |  |
| **Experience Description:**(one paragraph describing what you gained from this experience) |  |

**General Fieldwork & Internship Experiences**

*For examples to get started:* [***Student Career Center***](https://hire.ucmerced.edu/students/jobs-internships)

To add additional tables, highlight the table, right click, select “Copy,” then press enter twice at the end of the table and then press “CTRL+V” or “COMMAND+V.” Format appropriately.

|  |  |
| --- | --- |
| **Name of organization:** |  |
| **Supervisor:**(Name, Title, Email Address/Phone Number) |  |
| **Dates:** |  |
| **Hours/Week:** |  |
| **Experience Description:**(one paragraph describing what you gained from this experience) |  |

|  |  |
| --- | --- |
| **Name of organization:** |  |
| **Supervisor:**(Name, Title, Email Address/Phone Number) |  |
| **Dates:** |  |
| **Hours/Week:** |  |
| **Experience Description:**(one paragraph describing what you gained from this experience) |  |

**Pre-Law Experiences**

*For examples to get started:* [***Pre-Law First Years***](https://bobcat-advising-center.ucmerced.edu/first-year-students/pre-law-first-years)

To add additional tables, highlight the table, right click, select “Copy,” then press enter twice at the end of the table and then press “CTRL+V” or “COMMAND+V.” Format appropriately.

|  |  |
| --- | --- |
| **Name of organization:** |  |
| **Supervisor:**(Name, Title, Email Address/Phone Number) |  |
| **Dates:** |  |
| **Hours/Week:** |  |
| **Experience Description:**(one paragraph describing what you gained from this experience) |  |

|  |  |
| --- | --- |
| **Name of organization:** |  |
| **Supervisor:**(Name, Title, Email Address/Phone Number) |  |
| **Dates:** |  |
| **Hours/Week:** |  |
| **Experience Description:**(one paragraph describing what you gained from this experience) |  |

**Medical or Clinical Experience**

*For examples to get started:* [***Pre-Health Advising***](https://prehealth.ucmerced.edu/pre-health-advising-services)

To add additional tables, highlight the table, right click, select “Copy,” then press enter twice at the end of the table and then press “CTRL+V” or “COMMAND+V.” Format appropriately.

|  |  |
| --- | --- |
| **Name of organization:** |  |
| **Supervisor:**(Name, Title, Email Address/Phone Number) |  |
| **Dates:** |  |
| **Hours/Week:** |  |
| **Experience Description:**(one paragraph describing what you gained from this experience) |  |

|  |  |
| --- | --- |
| **Name of organization:** |  |
| **Supervisor:**(Name, Title, Email Address/Phone Number) |  |
| **Dates:** |  |
| **Hours/Week:** |  |
| **Experience Description:**(one paragraph describing what you gained from this experience) |  |

**Employment after High School**

*For examples to get started:* [***Student Career Center***](https://hire.ucmerced.edu/)

To add additional tables, highlight the table, right click, select “Copy,” then press enter twice at the end of the table and then press “CTRL+V” or “COMMAND+V.” Format appropriately.

|  |  |
| --- | --- |
| **Name of organization:** |  |
| **Supervisor:**(Name, Title, Email Address/Phone Number) |  |
| **Dates:** |  |
| **Hours/Week:** |  |
| **Experience Description:**(one paragraph describing what you gained from this experience) |  |

|  |  |
| --- | --- |
| **Name of organization:** |  |
| **Supervisor:**(Name, Title, Email Address/Phone Number) |  |
| **Dates:** |  |
| **Hours/Week:** |  |
| **Experience Description:**(one paragraph describing what you gained from this experience) |  |